**Produce**

1 head red or green leaf lettuce

4 oz. fresh basil

1 cucumber

1 pint cherry tomatoes

garlic (if needed)

yellow onion (if needed)

celery (if needed)

red bell pepper (if needed)

1 Portobello mushroom

1 large sweet potato

1 medium red potato

4 oz. pine nuts

**Canned/Dried Foods**

one 15 oz. can tomato sauce

one 15 oz. can no salt chopped tomatoes

red wine to cook with (if needed)

active dry yeast

honey (if needed)

ww flour (if needed)

unbleached flour (if needed)

balsamic vinegar (if needed)

low sodium veggie broth (if needed)

pitted Kalamata olives (if needed)

**Chilled Foods/Dairy**

shredded Parmesan (if needed)