**Hazelnut Tortellini**

**Produce**

garlic (if needed)

1 yellow onion

one bag mixed spring greens

1 pint cherry tomatoes

1 Roma tomato

6 oz. hazelnuts

**Canned/Dried Foods**

olive oil (if needed)

low sodium vegetable broth (if needed)

cornstarch(if needed)

ground nutmeg  (if needed)

allspice(if needed)

white wine to cook with (if needed)

**Frozen Foods**

**Meat/Fish/Poultry**

**Chilled Foods/Dairy**

plain, nonfat yogurt (if needed)

shredded Parmesan(if needed)

8 - 10 oz. fresh cheese ravioli or tortellini