Basil Hummus



I think you'll like this version of hummus. It's great on any occasion. Be prepared, your guests may ask for the recipe. Feel free to share it.

Peparation Time: 10 minutes - Serves: 4-6

Organize Your Ingredients!

Notes on Organizing

You can actually simply prep as you go when making hummus.

Traditional Hummus

1 large clove garlic (peeled) two 1/8" slices yellow or sweet onion (chopped)

1–1/2 C. tightly-packed fresh basil leaves One 15 oz. can garbanzo beans (drained and rinsed) 3 T. chunky peanut butter

2 T. lime juice
2 T. olive oil
1/2 tsp. Asian Pepper Sauce
1 T. rice wine vinegar
Optional: 2/3 C. Roma tomatoes (chopped)

Assembly Instructions

- 1. Place garlic and onion in a small bowl and microwave 30 seconds. Allow to cool about 2 minutes.
- 2. Place garlic, onion, basil leaves and peanut butter in food processor and pulse a few times to blend well.
- 3. Add garbanzo beans, lime juice, olive oil, pepper sauce and vinegar and blend until relatively smooth.
- 4. Remove from food processor and stir in optional chopped tomatoes by hand.

Hummus will easily keep 7-10 days in the fridge. Store in container with tight fitting lid.

